

**HELLO,  
STOCKHOLM!**

## Free courses in Swedish for asylum seekers with Hello, Stockholm!

Our new project **Hello, Stockholm!** offers you who seeks asylum in Stockholm a chance to integrate and become a part of the Swedish society and the city of Stockholm. With our programme, you will study the Swedish language (we offer courses on different levels), learn about the Swedish system and together with others explore Stockholm and it's varieties in culture and nature.

### **Hello, Stockholm includes:**

#### **Kick-off: meet your class mates**

- We want to gather the whole group on an afternoon together with partners and organisations. There will be sandwiches and beverages.

#### **Study Swedish and get to know the Swedish system**

- Swedish lessons at ABF-huset in central Stockholm with our brilliant teacher.
- Classes are hold on three different levels (Beginners, Intermediate and Advanced).
- Orientation: learn more about the Swedish society and job market.

#### **Explore Stockholm and the city's culture and nature**

- Sightseeing and guided tours at different spots in and around the city of Stockholm.
- Swedish lessons are preparing you for the different trips.
- What are you interested in? What you want to see and explore? We want you to be part of the planning process!

#### **Create a network**

- ABF Stockholm offers free courses on different topics and skills which can prepare you for the job market and/or a new career.
- Meet organisations and businesses to meet new people.

### **Hello, Stockholm!**

**Start:** March 21st

**Place:** ABF-huset,  
Sveavägen 41

**Length:** 20 weeks

**Other:** Participation is for free. Travel expenses are paid for.



**Register here!**

[abfstockholm.se/  
svenska-for-asylsokande](https://abfstockholm.se/svenska-for-asylsokande)